**Brookside Surgery**

[www.brooksidesurgery.co.uk](http://www.brooksidesurgery.co.uk)

**FLU VACCINATIONS**

We are pleased to confirm that our flu vaccine deliveries are on schedule and our flu vaccination clinics will be taking place on

**SATURDAY 16th SEPTEMBER 9.00 am - 1.00 pm**

**SATURDAY 30th SEPTEMBER 9.00 am - 1.00 pm**

Appointments for those eligible for an NHS flu jab are now bookable either by calling reception or through the NHS App or the Patient Access online booking link. Due to the large number of patients we see on these dates then we will again be operating a one-way system within the building. Please do not turn up ahead of your appointment time.

Could we ask that you walk to the Surgery where possible to avoid congestion in the car park and along Brookside. As always please DO NOT attend the surgery if you have any symptoms of COVID19.

Patients in an at risk group include:-

* those aged 65 years and over (including those who will be 65 by 31st March 2023)
* chronic (long-term) respiratory diseases, such as asthma (that requires an inhaled or tablet steroid treatment, or has led to hospital admission in the past), COPD, emphysema or bronchitis
* chronic heart disease, such as heart failure
* chronic kidney disease
* chronic liver disease, such as hepatitis
* chronic neurological conditions, such as Parkinson’s disease, motor neurone disease, multiple schlerosis (MS) or cerebral palsy
* a learning disability
* diabetes
* problems with your spleen – for example, sickle cell disease or if you have had your spleen removed
* a weakened immune system as the result of conditions such as HIV and AIDS, or medicines such as steroid tablets or chemotherapy
* being very overweight (a BMI of 40 or above)
* pregnant women

**Carers eligible for Flu vaccines**

If you receive a carer’s allowance or are the main carer for an older or disabled person who may be at risk if you get sick, then you are eligible for a free flu vaccination.

Also, anyone who lives with someone who is more likely to get a severe infection due to a weakened immune system, such as someone living with HIV, someone who has had a transplant or is having certain treatments for cancer, lupus or rheumatoid arthritis is also eligible for a free NHS flu vaccination

**Children aged 2 - 3 years**

As in previous years, children aged 2 and 3 as of 31st August 2023 will be eligible for a nasal flu vaccine. The vaccine for these is supplied centrally and expected to be dispatched in batches. Appointments for this age group are now available.

**PRACTICE LEARNING EVENT**

We will be holding an afternoon’s training for all our staff on Wednesday 27th September from 2.00 – 5.00 pm.